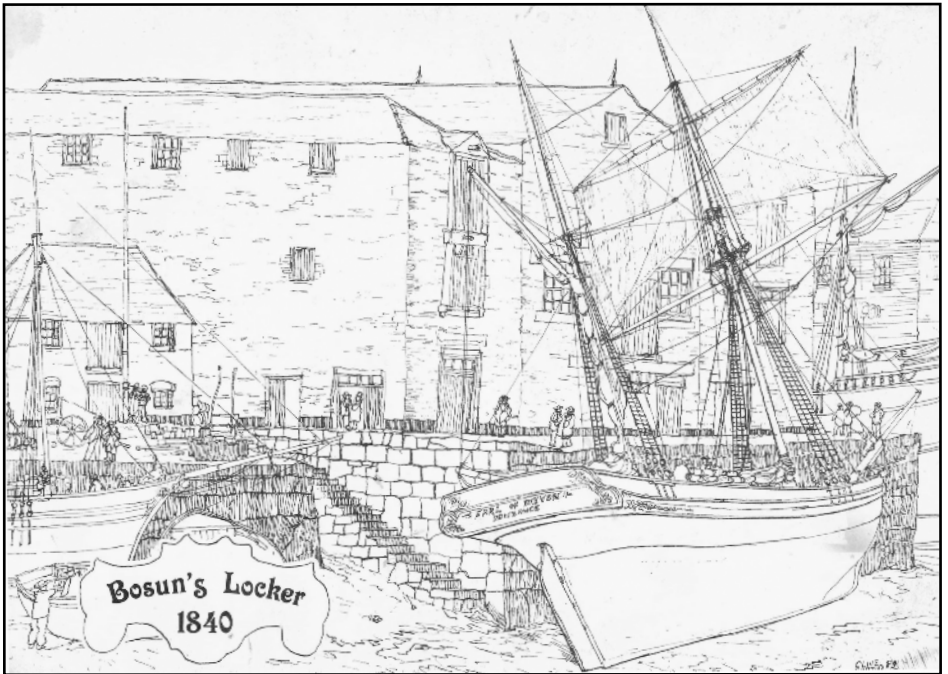


boatshed

restaurant



evening menu

Starters

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| Soup of the Day | £5.25 |
| <i>Homemade with fresh ingredients and served with granary bread</i> | |
| Garlic Mushrooms (V) | £5.75 |
| <i>Served with salad garnish and garlic mayo dip</i> | |
| Newlyn Pilchards | £6.75 |
| <i>Stuffed with spinach and feta cheese, served with a salad garnish</i> | |
| Calamari Rings | £6.50 |
| <i>Lightly seasoned and fried, served with garlic mayo and salad</i> | |
| Tandoori Prawns (GF) | £9.95 |
| <i>King prawns grilled in a tandoori butter served with salad</i> | |
| Grilled Goats' Cheese (V) | £6.95 |
| <i>Topped with pesto on toasted bread with a fresh leaf salad</i> | |
| Homemade Spicy Chicken Goujons | £6.95 |
| <i>Served with a salad garnish, sour cream and sweet chilli dip</i> | |

Sharers

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| Nachos (V) | £7.95 |
| <i>Topped with cheese and served with salsa, guacamole and sour cream</i> | |
| Mixed Olives (V) | £3.95 |
| <i>A selection of marinated black and green olives</i> | |
| Seafood Tapas | £12.95 |
| <i>Calamari rings, sweet chilli crayfish tails with ciabatta bread, mixed olives and balsamic oil</i> | |
| Vegetarian Tapas (V) | £10.75 |
| <i>Mixed olives, houmous, feta cheese, sun-dried tomatoes and ciabatta bread</i> | |

(V) Suitable for vegetarians **(VG)** Suitable for Vegans **(GF)** Gluten Free
Please note - some dishes may contain nuts

Boatshed Specials

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| Wok-Seared Scallops (Starter) | £10.95 |
| Scallops seared in a lemon butter served with a salad garnish | |
| Sea Bass Fillets* | £15.95 |
| Pan-fried in a chilli and lime butter | |
| Whole Sea Bass* | £15.95 |
| Grilled with garlic, ginger and coriander, finished with a citrus butter | |
| Whole Brill or Brill Fillets* (Please ask for availability) | £18.95 |
| Grilled in a lemon caper butter | |
| Cornish Megrin Sole* | £14.95 |
| Grilled in a lemon and dill butter | |
| Whole Black Sea Bream* | £15.95 |
| Drizzled with a lemon, dill and coriander marinade | |
| Dover Sole* | £24.50 |
| Grilled in a lemon and dill butter | |
| Mackerel Fillets* | £13.95 |
| Grilled in a lemon butter and tomato salsa | |
| Whole Plaice* | £14.95 |
| Grilled with a lemon and dill butter | |
| Local Turbot | £28.95 |
| Drizzled with a coriander and lemongrass marinade served on a bed of crushed new potatoes with cherry tomatoes, green beans and samphire garnish. | |
| King Prawn Curry | £18.95 |
| Cooked in a Thai green curry sauce and served with basmati rice | |
| Special Sirloin | £26.95 |
| Served with spring onions and crushed new potatoes, onion rings, grilled tomatoes and mushrooms with a creamy white wine sauce | |

* served with any two of the following;

Chips, New Potatoes, Salad, Green Beans or Ratatouille

Seafood

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| Cornish Seafood* | £18.95 |
| Salmon, cod, squid, mussels and prawns in a coconut and sweet chilli sauce | |
| Salmon Fillet* | £14.95 |
| Topped with a coriander and lime crust | |
| Lemon Sole* | £16.95 |
| Grilled whole in a lemon and herb butter | |
| Cornish Trio* | £18.95 |
| Trio of seasonal, fresh local fish cooked with cracked pepper and local sea salt | |
| Lemongrass Mussels | £14.95 |
| Mussels cooked with lemongrass, white wine, chilli and coriander, served with bread | |
| Moules Mariniere | £14.95 |
| Mussels cooked in a white wine, garlic and cream sauce, served with bread | |
| Tuna Steak* | £13.95 |
| Char-grilled with lemon butter | |
| Fish Cakes* | £12.95 |
| Speciality mix of salmon & dill | |
| Wholetail Scampi* | £10.95 |
| Breaded scampi with your choice of sides | |
| Fish & Chips | £12.95 |
| Fresh battered local cod or hake with chips, peas and homemade tartare sauce | |

*** served with any two of the following;
Chips, New Potatoes, Salad, Green Beans or Ratatouille**

Mains

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| 10oz Sirloin Steak* | £21.95 |
| Char-grilled sirloin steak served with sautéed mushrooms Peppercorn or Mushroom Sauce | £2.95 |
| Boatshed Gourmet Burger* | £12.95 |
| With bacon, cheese and mushrooms served in a toasted bun | |
| Piri Piri Chicken Breast* | £12.95 |
| Butterflied chicken coated in piri piri spices and served with a coriander yogurt | |
| Cajun Chicken Pasta | £12.95 |
| Tagliatelle pasta in a spicy cream Cajun sauce with chicken, mushrooms and shaved parmesan | |
| Ratatouille (V) (VG) | £9.95 |
| Topped with melted cheese and served with a fresh mixed salad and granary bread (<i>Vegan cheese also available</i>) | |
| Falafel Burger (V) or | £11.95 |
| Veggie / Bean Burger (V) or | |
| Quinoa, Beetroot & Edamame Bean Burger (VG) (GF) | |
| With tomatoes and lettuce in a toasted bun, served with chips and salad | |
| Greek Salad (V) | £10.75 |
| Fresh leaves tossed with feta cheese, olives, red onions, cucumber and tomatoes | |

*** served with any two of the following:
Chips, New Potatoes, Salad, Green Beans or Ratatouille**

Sides

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|---------------------------|-------|-------------------------------------|-------|
| Garlic Bread (V) | £3.50 | Basket of Bread (V) | £3.75 |
| A toasted garlic baguette | | A mix of granary and ciabatta bread | |
| Chips (V) | £3.95 | Mixed Salad (V) | |
| With the chef's seasoning | | Small | £3.75 |
| | | Large | £4.95 |

Pizza

All our pizzas are made on 9" Italian wood fired bases.

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| Margarita (V) | £9.95 |
| Sliced tomatoes and mozzarella | |
| Meat Feast | £13.50 |
| Pepperoni, ham, beef, chicken and jalapeno peppers | |
| Mediterranean (V) | £12.50 |
| Spinach, mushrooms, sun-dried tomatoes, olives, peppers, feta cheese and mozzarella | |
| Hawaiian | £12.50 |
| Ham, pineapple and mozzarella | |
| Chicken & Chorizo | £12.50 |
| Chicken, chorizo sausage, peppers, onions and mozzarella | |
| Classic Pepperoni | £12.50 |
| Pepperoni with black olives and mozzarella | |
| Additional Toppings - each | £0.75 |

Children's

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| Homemade Chicken Goujons** | |
| Wholetail Scampi** | £5.95 |
| Pork Sausages** | £5.95 |
| Cheese & Tomato Pasta (V) | £5.75 |
| | £5.75 |

** served with any two of the following;
Chips, Beans, Salad or Peas