

# boatshed

## restaurant



# lunch menu

# Light Bites

<b>Soup of the Day</b>		£5.25
Homemade with fresh ingredients and served with granary bread		
<b>Grilled Goats' Cheese (V)</b>		£6.95
Topped with pesto on toasted bread with a fresh leaf salad		
<b>Nachos (V)</b>		£7.95
Topped with cheese and served with salsa, guacamole and sour cream		
<b>Seafood Tapas</b>		£12.95
Calamari rings, sweet chilli crayfish tails with ciabatta bread, mixed olives and balsamic oil		
<b>Vegetarian Tapas (V)</b>		£10.75
Mixed olives, houmous, feta cheese, sun-dried tomatoes and ciabatta bread		
<b>Honey Mustard Chicken Salad</b>		£10.95
Honey mustard chicken tossed with a fresh mixed salad		
<b>Seafood Salad</b>		£11.95
Crayfish, tomato, cucumber and croutons served in a sweet chilli mayo dressing		
<b>Greek Salad</b>		£10.75
Fresh leaves tossed with feta cheese, olives, red onions, cucumber and tomatoes		
<b>Mixed Salad</b>		
Freshly tossed with tomatoes, onions, cucumber and peppers	<b>Small</b>	£3.75
	<b>Large</b>	£4.95
<b>Mixed Olives (V)</b>		£3.95
A selection of marinated black and green olives		
<b>Garlic Bread (V)</b>		£3.50
A toasted garlic baguette		
<b>Chips (V)</b>		£3.95
With the chef's seasoning	<b>Add Cheese</b>	£4.50

**(V)** Suitable for vegetarians      **(VG)** Suitable for Vegans      **(GF)** Gluten Free  
Please note - some dishes may contain nuts

# Paninis & Ciabattas

All served with a salad garnish

<b>Mozzarella, Tomato and Basil Panini (V)</b>	£7.95
<b>Bacon, Cheddar and Tomato Panini</b>	£7.95
<b>Brie, Bacon &amp; Cranberry Panini</b>	£7.95
<b>Goats' Cheese, Spinach and Sweet Pepper Panini</b>	£7.95
<b>Cajun Chicken and Pepper Ciabatta</b>	£7.95
<b>Bacon, Lettuce &amp; Tomato Ciabatta</b>	£7.95
<b>Roasted Vegetable, Hummus &amp; Rocket Ciabatta</b>	£7.95
<b>Halloumi, Sweet Chilli &amp; Cucumber Ciabatta</b>	£7.95
<b>Prawn Mayonnaise Ciabatta</b>	£9.50
<b>Crayfish Tails, Lemon Mayonnaise &amp; Rocket Ciabatta</b>	£9.95

# Pizza

All our pizzas are made on 9" Italian wood fired bases.

<b>Margarita (V)</b> Sliced tomatoes and mozzarella	£12.75
<b>Meat Feast</b> Pepperoni, ham, beef, chicken and jalapeno peppers	£12.75
<b>Mediterranean (V)</b> Spinach, mushrooms, sun-dried tomatoes, olives, peppers, feta cheese and mozzarella	£9.95
<b>Chicken &amp; Chorizo</b> Chicken, chorizo sausage, peppers, onions and mozzarella	£13.50
<b>Classic Pepperoni</b> Pepperoni with black olives and mozzarella	£12.75
<b>Additional Toppings - each</b>	£0.75

# Seafood

<b>Local Cornish Smoked Mackerel</b>	£6.95
Served with a salad garnish	
<b>Wok-Seared Scallops (Starter)</b>	£10.95
Scallops seared in a lemon butter served with a salad garnish	
<b>Fish &amp; Chips</b>	£12.95
Fresh battered local cod or hake with chips, peas and homemade tartare sauce	
<b>Lemongrass Mussels</b>	£14.95
Mussels cooked with lemongrass, white wine, chilli and coriander, served with bread	
<b>Moules Mariniere</b>	£14.95
Mussels cooked in a white wine, garlic and cream sauce, served with bread	
<b>King Prawns</b>	£11.95
Stir-fried with ginger, spring onions and peppers, served with salad	
<b>Newlyn Pilchards</b>	£9.95
Pan-fried with lemon, cracked pepper and local sea salt, served with salad	
<b>Fish Cakes</b>	£12.95
Speciality mix of salmon & dill, served with chips and salad.	

# Children's

<b>Homemade Chicken Goujons**</b>	£5.95
<b>Wholetail Scampi**</b>	£5.95
<b>Pork Sausages**</b>	£5.75
<b>Cheese &amp; Tomato Pasta (V)</b>	£5.75

\*\* served with any two of the following;  
Chips, Beans, Salad or Peas

# Mains

<b>10oz Sirloin Steak</b>	£21.95
Char-grilled sirloin steak served with sautéed mushrooms, chips and salad	
<b>Add Peppercorn or Mushroom Sauce</b>	£2.95
<b>Piri-Piri Chicken Breast</b>	£12.95
Butterflied chicken chargrilled in mild piri-piri spices and served with a coriander yogurt, served with chips and salad	
<b>Boatshed Gourmet Burger</b>	£12.95
With bacon, cheese and mushrooms served in a toasted bun, served with chips and salad	
<b>Falafel Burger (V) or Veggie / Bean Burger (V) or Quinoa, Beetroot &amp; Edamame Bean Burger (VG) (GF)</b>	£12.95
With tomatoes and lettuce in a toasted bun, served with chips and salad	
<b>Ratatouille (V) (VG)</b>	£9.95
Topped with melted cheese and served with a fresh mixed salad and granary bread ( <i>Vegan cheese also available</i> )	
<b>Fishermans Pie</b>	£11.95
White fish, salmon & prawns in a creamy sauce, topped with cheesy mash. Served with granary bread & salad garnish	
<b>Vegetarian Lasagne (V)</b>	£10.75
Made with Mediterranean vegetables and served with a salad garnish	

# Sweet Treats

**Chocolate Orange Truffle Torte (GF)** £5.95

Served with chocolate sauce and clotted cream

**Caramel Apple Betty (VG)** £5.95

Served with toffee sauce and clotted cream

**Treacle Pudding** £5.95

Served with golden syrup and custard

**The Boatshed Banana (GF)** £5.95

A baked banana with rum, raisins and brown sugar, served with clotted cream

**Hot Chocolate Brownie** £5.95

Served with toffee or chocolate sauce and clotted cream

**Bramley Apple Crumble** (VG option also available) £5.95

Served with custard

**Homemade Cheesecake** £5.95

Served with clotted cream and sauce

**Callestick Farm Cornish Ice Cream** £5.95

Made locally, with milk from Callestick's own dairy herd.

All of our ice creams are served on a waffle base, with a fruit coulis

Choose from the following flavours;

*Clotted Cream Vanilla, Strawberry, Belgian Chocolate, Honeycomb  
Flavour of the day - please ask*

**Children's bowl of Ice Cream** £3.50

**Cornish Cream Tea** £5.50

*2 scones with Jam, Clotted Cream & pot of Tea or choice of coffee*

**We also have a selection of cakes available at the bar**