



boatshed
restaurant



LUNCH MENU

LIGHT BITES

MIXED OLIVES (V/VG/GF) £4.50

A selection of marinated black & green olives.

BASKET OF BREAD (V/VG) £5.50

A mix of granary & ciabatta bread. **Add balsamic oil (+£1).**

SOUP OF THE DAY (V) £6.95

Homemade with fresh ingredients, served with granary bread.

GRILLED GOATS CHEESE (V) £8.95

Topped with pesto on toasted bread, served with fresh leaf salad.

SMOKED MACKEREL (GF) £10.95

Served with ciabatta bread & salad garnish.

MACKEREL PÂTÉ £9.95

Served with a salad garnish.

NEWLYN PILCHARDS (GF) £11.95

Panfried with local sea salt, cracked pepper & lemon, served with salad.

KING PRAWNS (GF) £13.95

Stir-fried with ginger, spring onions & peppers, served with salad.

GREEK SALAD (V/VGO/GFO) £12.50

Fresh leaves tossed with red onions, tomatoes, cucumber, mixed olives & feta cheese

SEAFOOD SALAD £14.95

Crayfish on a bed of fresh mixed salad with tomatoes & cucumber, served with a sweet chilli mayo dressing & homemade croutons.

SHARING NACHOS (V/VGO) 9.95

Topped with melted cheese, served with salsa, guacamole & sour cream.

VEGETARIAN TAPAS (V/VGO) £12.95

Sundried tomatoes, mixed olives & feta cheese with ciabatta bread & hummus.

SEAFOOD TAPAS £15.95

Calamari rings & sweet chilli crayfish tails with ciabatta bread, mixed olives & balsamic oil.

PANINIS & CIABATTAS

All served with a salad garnish & crisps.

MOZZARELLA, TOMATO & BASIL PANINI (V/VGO) £9.50

BACON, CHEDDAR & TOMATO PANINI £9.50

GOATS CHEESE, SPINACH & PEPPER PANINI (V) £9.95

BRIE, BACON & CRANBERRY PANINI £9.95

BACON, LETTUCE & TOMATO CIABATTA £9.95

HALLOUMI, SWEET CHILLI & CUCUMBER CIABATTA (V) £10.50

CAJUN CHICKEN & PEPPER CIABATTA £10.95

PRAWN MAYONNAISE CIABATTA £11.50

CRAYFISH TAILS, LEMON MAYONNAISE & ROCKET CIABATTA £12.50

PIZZA

Homemade on 9-inch Italian wood fired bases, topped with a tomato marinara sauce.

Additional toppings (+£1).

MARGHERITA (V) £10.95

Sliced cherry tomatoes & mozzarella.

MEDITERRANEAN (V) £13.95

Sundried tomatoes, olives, peppers, mushrooms, spinach & feta cheese.

HAWAIIAN £13.95

Ham & pineapple.

CLASSIC PEPPERONI £14.95

Pepperoni & black olives.

CHICKEN AND CHORIZO £14.95

Chicken, chorizo sausage, peppers & onions.

ANCHOVY £16.95

Pickled anchovies, black olives, onions & chilli.

MEAT FEAST £16.95

Ham, pepperoni, chicken, beef & jalapeno peppers.

BURGERS

Served in a toasted brioche bun.

BOATSHED 8OZ GOURMET BEEF £16.95 *

With bacon, melted cheese & mushrooms.

CHICKEN £15.95 *

Spiced chicken breast with sliced tomatoes & lettuce.

FILLET O' FISH £14.95 *

Freshly battered local white fish with lettuce & homemade tartare sauce.

PLANTBASED (V/VGO) £15.95 *

Your choice of a meat-less, or quinoa patty, served with sliced tomatoes & lettuce.

MEAT & PLANTBASED

100Z SIRLOIN STEAK (GF) £27.95 *

Chargrilled sirloin steak served with sautéed mushrooms. **Add peppercorn or mushroom sauce (+£3.50).**

PIRI PIRI CHICKEN BREAST (GF) £14.95 *

Butterflied chicken coated in piri piri spice, served with a coriander yoghurt.

NO-CATCH 'FISH' AND CHIPS £14.95

Fresh battered banana blossom, served with chips, peas & homemade tartare sauce.

RATATOUILLE (V/VGO) £13.95

Topped with melted cheese, served with a fresh mixed salad & granary bread.

***served with two of the following: Chips (V/VG), New Potatoes (V/VGO/GF), Green Beans (V/VGO/GF), Garden Peas (V/VGO/GF), Ratatouille (V/VG/GF), Salad (V/VGO/GFO).**

SEAFOOD

WOK-SEARED SCALLOPS (GF) £25.95

Local scallops seared in a lemon butter, served on a bed of salad.

Also available as a light bite (£17.95).

LEMONGRASS MUSSELS £20.95

Local mussels cooked in a lemongrass, chilli, coriander & white wine, served with bread.

Also available as a light bite (£14.95).

MOULES MARINIÈRE £20.95

Local mussels cooked in a creamy garlic & white wine sauce, served with bread.

Also available as a light bite (£14.95).

FISH AND CHIPS £14.95

Your choice of fresh battered local hake, or cod, served with chips, garden peas & homemade tartare sauce.

WHOLETAIL SCAMPI £13.95

Breaded scampi, served with chips & garden peas.

FISH CAKES £14.95 *

A speciality mix of salmon & dill, served with a sweet chilli dip.

FISH FINGER SANDWICH £12.95

Breaded cod fish fingers with lettuce & homemade tartare sauce sandwiched inside granary bread.

FISHERMAN'S PIE £14.95

A speciality mix of cod, salmon & prawns in a creamy sauce, topped with cheesy mash. Served with granary bread & salad garnish.

**served with two of the following:*

Chips (V/VG), New Potatoes (V/VGO/GF), Green Beans (V/VGO/GF), Garden Peas (V/VGO/GF), Ratatouille (V/VG/GF), Salad (V/VGO/GFO).

CHILDREN'S MEALS

HOMEMADE CHICKEN GOUJONS £6.95 *

FISH FINGERS £6.95 *

WHOLETAIL SCAMPI £6.95 *

PORK SAUSAGES (GF) £6.95 *

CHEESE PASTA (V/VGO) £6.50

**served with two of the following:*

Chips (V/VG), Garden Peas (V/VGO/GF), Baked Beans (V/VG/GF), Salad (V/VGO/GFO).

SWEET TREATS

£7.50 EACH

CORNISH CREAM TEA (V)

2 scones served with Cornish clotted cream, fruit jam & a pot of English or herbal tea.

Upgrade to our speciality Cornish coffee (+£2).

THE BOATSHED BANANA (V/VG/GF) *

Our signature dessert. A baked banana with rum, raisins & brown sugar.

HOMEMADE CHEESECAKE *

Please ask for flavour of the day.

CHOCOLATE TRUFFLE TORTE (V/GF) *

Served with chocolate sauce.

CARAMEL APPLE BETTY (V/VG) *

Served with toffee sauce.

TREACLE PUDDING (V) *

Served with golden syrup.

HOT CHOCOLATE BROWNIE (V) *

Served with chocolate sauce.

BRAMBLEY APPLE (V) OR

APPLE AND BLACKBERRY (V/VG) CRUMBLE *

CALLESTICK FARM CORNISH ICE CREAM (V/VGO/GF)

Made locally with milk from Callestick's own dairy herd. *Please ask for today's available Ice Cream & Sorbet flavours.*

CHILDREN'S BOWL OF CORNISH ICE CREAM (V/VGO/GF) £4.95

A smaller portion of Callestick Farm Cornish Ice Cream.

Please ask for today's available flavours.

***served with one of the following:**

**Cornish Clotted Cream (V/GF), Callestick Farm Ice Cream (V/GF),
Double Cream (V/VGO/GF), Custard (V/GF).**

*(V) Vegetarian (VG/VGO) Vegan/Option (GF/GFO) Gluten-Free/Option
If you have a food allergy or intolerance, please let us know when placing your
order. A discretionary 10% service charge will be added to your bill, which goes
directly to our staff. All prices include VAT.*

LUNCHTIME SPECIALS

CORNISH TRIO (GF) £19.95 *

A trio of seasonal, fresh fish cooked with local sea salt, cracked pepper, coriander & a hint of chilli.

MACKEREL FILLETS (GF) £14.95 *

Grilled in a lemon butter, served with a tomato salsa.

SEA BASS FILLETS (GF) £18.95 *

Grilled in a sweet chilli & coriander marinade.

BRILL FILLETS (GF) £18.95 *

Grilled in a coriander marinade.

LEMON SOLE FILLETS (GF) £19.95 *

Grilled in a lemon & herb butter.

BUTTERFLIED RED MULLET (GF) £19.95 *

Grilled in a lemon butter, served with a chilli jam.

WHOLE PLAICE (GF) £20.95 *

Grilled in a lemon & coriander marinade.

WHOLE GURNARD (GF) £20.95 *

Line-caught at Gurnards head. Grilled in a lemon & coriander marinade.

WHOLE SEA BASS (GF) £22.95 *

Grilled with garlic, ginger & coriander, finished with a citrus butter.

WHOLE BLACK SEA BREAM (GF) £22.95 *

Grilled with garlic, ginger & coriander, finished with a citrus butter.

CORNISH MEGRIM SOLE (GF) £22.95 *

Grilled in a lemon & coriander marinade.

DOVER SOLE (GF) £32.95 *

Grilled in a lemon & coriander marinade.

TURBOT SPECIAL (GF) £28.95

Cooked in a coriander & lemongrass marinade, served on a bed of crushed new potatoes with cherry tomatoes, green beans & garnished with samphire.

**served with two of the following:*

*Chips (V/VG), New Potatoes (V/VGO/GF), Green Beans (V/VGO/GF),
Garden Peas (V/VGO/GF), Ratatouille (V/VG/GF), Salad (V/VGO/GFO).*